

| Rang | Dos | Nom Prénom | MF | Cat | Club | Time | Ecart | Allur | Vitesse |
|-------------|------|--------------------------|------|--------|------------------------|----------------|--------|-------|---------|
| 10KM | | | | | | | | | |
| 1. | 4334 | LEFEVRE Aurelien | 1 M | 1 SeH | Trifly | 39:22 | -- | 3:44 | 16.0 |
| 2. | 4303 | BERNARD Paul | 2 M | 2 SeH | Natu'Run | 43:54 | +4:32 | 4:10 | 14.3 |
| 3. | 4344 | PHILIPPIN Gregory | 3 M | 1 V1H | | 44:14 | +4:52 | 4:12 | 14.2 |
| 4. | 4301 | BALIEU Olivier | 4 M | 2 V1H | Natu'run | 46:20 | +6:58 | 4:24 | 13.5 |
| 5. | 4328 | HODEIGE Adrien | 5 M | 3 SeH | | 47:57 | +8:35 | 4:33 | 13.1 |
| 6. | 4335 | LEINARTZ Laurent | 6 M | 4 SeH | MQCQOFL | 48:09 | +8:47 | 4:35 | 13.0 |
| 7. | 4352 | FEYS Karim | 7 M | 5 SeH | | 49:03 | +9:41 | 4:40 | 12.8 |
| 8. | 4347 | SEYNAEVE Benoît | 8 M | 3 V1H | Rc namur | 49:10 | +9:48 | 4:40 | 12.8 |
| 9. | 4326 | GIMINNE Stephane | 9 M | 4 V1H | | 49:13 | +9:51 | 4:41 | 12.8 |
| 10. | 4325 | GILLET Dominique | 10 M | 1 V2H | TraKKs | 49:21 | +9:59 | 4:41 | 12.7 |
| 11. | 4348 | POLET Yannick | 11 M | 5 V1H | TCA andenne | 49:27 | +10:05 | 4:42 | 12.7 |
| 12. | 4343 | NOTTE François-Denis | 12 M | 6 SeH | | 50:28 | +11:06 | 4:48 | 12.4 |
| 13. | 4350 | PEETERS Quentin | 13 M | 6 V1H | SPTWavre | 51:56 | +12:34 | 4:56 | 12.1 |
| 14. | 4318 | EVARD Loic | 14 M | 1 EspH | | 52:07 | +12:45 | 4:57 | 12.0 |
| 15. | 4305 | BONTEMS Christophe | 15 M | 7 V1H | | 52:12 | +12:50 | 4:58 | 12.0 |
| 16. | 4314 | DELCOURT Delcourt | 16 M | 8 V1H | Jcpmf | 52:48 | +13:26 | 5:01 | 11.9 |
| 17. | 4330 | JULIEN Thomas | 17 M | 7 SeH | JCPMF Héron | 53:34 | +14:12 | 5:06 | 11.7 |
| 18. | 4309 | CARPIAUX Serge | 18 M | 2 V2H | | 53:44 | +14:22 | 5:07 | 11.7 |
| 19. | 4316 | DISY Jean-Philippe | 19 M | 9 V1H | Nordic dog's & friends | 54:17 | +14:55 | 5:10 | 11.6 |
| 20. | 4308 | BRAIVE Pierre | 20 M | 10 V1H | | 54:20 | +14:58 | 5:10 | 11.5 |
| 21. | 4307 | BRAFFORT Fabrice | 21 M | 11 V1H | JCPMF Héron | 54:20 | +14:58 | 5:10 | 11.5 |
| 22. | 4338 | MAUROY François | 22 M | 12 V1H | | 54:32 | +15:10 | 5:11 | 11.5 |
| 23. | 4312 | DE HARO Manuel | 23 M | 1 V4H | NEANT | 55:48 | +16:26 | 5:18 | 11.2 |
| 24. | 4315 | DEMONCEAU Mélanie | 1 F | 1 SeF | | 55:53 | +16:31 | 5:19 | 11.2 |
| 25. | 4324 | GENARD Amaury | 24 M | 8 SeH | | 55:55 | +16:33 | 5:19 | 11.2 |
| 26. | 4346 | SACRÉ Bernard | 25 M | 9 SeH | | 55:58 | +16:36 | 5:19 | 11.2 |
| 27. | 4336 | LONGREE Marc | 26 M | 3 V2H | | 56:11 | +16:49 | 5:20 | 11.2 |
| 28. | 4342 | NOLLEVAUX <hugues | 27 M | 4 V2H | ORWAL | 56:31 | +17:09 | 5:22 | 11.1 |
| 29. | 4329 | HOLOGNE Vincent | 28 M | 13 V1H | | 56:54 | +17:32 | 5:25 | 11.0 |
| 30. | 4341 | NIZET René | 29 M | 10 SeH | Les ringos | 57:10 | +17:48 | 5:26 | 11.0 |
| 31. | 4310 | DA CRUZ COELHO Kristelle | 2 F | 1 V1F | Sptw | 57:44 | +18:22 | 5:29 | 10.9 |
| 32. | 4349 | HAELTERMAN Florence | 3 F | 2 V1F | SPTWavre | 57:45 | +18:23 | 5:29 | 10.9 |
| 33. | 4320 | FETTWEIS Laurent | 30 M | 11 SeH | | 1:00:01 | +20:39 | 5:42 | 10.4 |
| 34. | 4302 | BELLANGER Aurelie | 4 F | 2 SeF | JCPMF Andenne | 1:00:37 | +21:15 | 5:46 | 10.3 |
| 35. | 4317 | DORMAL Stephane | 31 M | 14 V1H | Je cours pour ma forme | 1:00:48 | +21:26 | 5:47 | 10.3 |
| 36. | 4333 | LEFEVRE Delphine | 5 F | 3 V1F | | 1:00:48 | +21:26 | 5:47 | 10.3 |
| 37. | 4332 | LAMPROYE Stéphanie | 6 F | 4 V1F | Jcpmf | 1:04:24 | +25:02 | 6:07 | 9.7 |
| 38. | 4323 | GARATE Sabrina | 7 F | 5 V1F | | 1:05:16 | +25:54 | 6:12 | 9.6 |
| 39. | 4339 | MÉLOTTE Océane | 8 F | 3 SeF | | 1:05:17 | +25:55 | 6:12 | 9.6 |
| 40. | 4331 | LALLEMAND Nathalie | 9 F | 4 SeF | | 1:05:17 | +25:55 | 6:12 | 9.6 |
| 41. | 4351 | TAHIR Justine | 10 F | 5 SeF | Nordic Dog?s & Friends | 1:06:01 | +26:39 | 6:17 | 9.5 |
| 42. | 4337 | LORENT Cécile | 11 F | 6 V1F | JCPMF Héron | 1:06:25 | +27:03 | 6:19 | 9.4 |
| 43. | 4345 | ROLAND Jean Claude | 32 M | 1 V3H | Neant | 1:08:03 | +28:41 | 6:28 | 9.2 |
| 44. | 4306 | BOURGUET Pierre | 33 M | 5 V2H | Les Coureurs du | 1:08:36 | +29:14 | 6:31 | 9.1 |
| 45. | 4313 | DELANGEN Marie | 12 F | 7 V1F | | 1:10:26 | +31:04 | 6:42 | 8.9 |
| 46. | 4327 | HAUPHENNE Eric | 34 M | 2 V3H | JCPMF Héron | 1:12:27 | +33:05 | 6:53 | 8.6 |
| 47. | 4340 | NEERINCK Geneviève | 13 F | 8 V1F | Je cours pour ma forme | 1:12:27 | +33:05 | 6:53 | 8.6 |
| 48. | 4304 | BLERET Valérie | 14 F | 1 V2F | Natu'Run | 1:22:42 | +43:20 | 7:52 | 7.6 |
| 49. | 4322 | FRANCOTTE Muriel | 15 F | 2 V2F | Natu?run | 1:22:43 | +43:21 | 7:52 | 7.6 |
| DNS | 4311 | DAUBIOL Thierry | -1 M | -1 V2H | Les runners de Lillois | DNS | | | |
| DNS | 4319 | FAUVIEAU Justine | -1 F | -1 SeF | | DNS | | | |
| DNS | 4321 | FRANÇOIS Régine | -1 F | -1 V1F | Um | DNS | | | |

Nombre d'inscrits: 52